Day 1  Travel to Liberia – Playa Hermosa
Today, we embark on our flight to Liberia, Costa Rica. Upon arrival transfer to our beach hotel. Airport transfers are included with purchase of airfare through AESU. Meet fellow explorers at our welcome dinner and orientation with our tour host tonight.
Meals: in-flight, Welcome cocktail and dinner

Day 2  Playa Hermosa, Guanacaste – Rincon de la Vieja National Park
After breakfast a full day of adventure begins. A private bus takes us to Rincon de la Vieja National Park, one of the country’s most diverse ecological regions. Surrounding two volcanoes, Rincon and Santa Maria, the park is also home to an extraordinary display of flora and fauna, and is part of the Area de Conservacion Guanacaste World Heritage Site. This tropical forest refuge attracts scientists, students, birdwatchers, and nature lovers from around the world. Exciting activities at the park include: ‘The Canyon Tour’, a thrilling adventure through the Kazm Cañon, a majestic canyon created by the erosion of the Blanco River. Here there are opportunities for canopy zip lining, rappelling, hanging bridges and more. Also enjoy a horseback ride to the waterfalls, visit Azufrales Hot Springs at Rincon, or go tubing on Rio Negro.
We return to our beach hotel on Playa Hermosa this evening.
Meals: Breakfast, lunch

Day 3  Playa Hermosa
Enjoy a day at the beach or consider an optional rafting tour on the Colorado River through beautiful canyons with wildlife, lush vegetation, and pristine waters. Relax on this leisure evening and watch another magnificent sunset while dipping your toes in the surf, or explore the colorful local town’s dive shops and restaurants.
Meals: Breakfast
Optional activity: Whitewater Rafting

Day 4  Playa Hermosa
Plan your day as you like. Consider optional surf lessons, snorkeling and other water sports activities, or enjoy a lazy day just playing in the sand. Your host will also be able to arrange other activities such as a deep-sea fishing trip.
Tonight, join fellow travelers at our farewell dinner.
Meals: Breakfast, farewell dinner
Optional activity: Water sports

Day 5  Travel Home
After breakfast our land program ends and we bid farewell to sunny Costa Rica, our new-found friends and fellow adventurers. (Please note that a departure tax is due in cash at the airport before departure.)
Meals: Breakfast

Community development. A portion of your trip cost will go to benefit the following projects:
local animal sanctuary ‘Refugio Herpetológico’ in Santa Ana, the primary school ‘Ticufres’, and organic garden planning in the isolated mountain community of ‘Providencia de Dota.’
The 5-day land package includes:

- 4 nights in superior tourist class hotels with private bath/shower, twin-share rooms
- Daily continental breakfasts
- Two dinners and one lunch
- All day excursion including Adventure Pass to Rincon de la Vieja National Park
  - Activities offered:
    - Hiking
    - Zip lining
    - Horseback riding
    - Tubing
    - Hot springs

PLUS:

- Private tour director for the entire duration of the land tour
- Services of a local English speaking host
- Airport transfers with purchase of AESU airfare (Departure tax not included)
- All ground transportation as per itinerary
- All service charges and local taxes
- Luggage tag and travel guides
- Included tour highlights